ARCHWAY PROGRAMS

Breakfast Menu

January 2025

Monday	Tuesday	Wednesday	Thursday	Friday	Offered Daily
		1	2	3	What is a Meal?
			WG Breakfast Pizza	WG Mini Cinnamon Rolls	Students must choose at least 3 of the 4 components available for the school breakfast price.
			Assorted WG Cereals with WG Graham Crackers	Assorted WG Cereals with WG Graham Crackers	- Choice of Whole Grain - Choice of Protein - Choice of Fruit - Choice of Milk
6	7	8	9	10	A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable breakfast.
WG Cereal Day	WG Pancakes and Turkey Sausage	WG Bagel with Cream Cheese	WG Chocolate Chip French Toast	WG Mini Birthday Pancakes	Whole Grain Cereals
Assorted WG Cereals with WG Graham Crackers	Assorted WG Cereals with WG Graham Crackers	Assorted WG Cereals with WG Graham Crackers	Assorted WG Cereals with WG Graham Crackers	Assorted WG Cereals with WG Graham Crackers	Rice Crunch, Kix, Cheerios, Rice Chex, Multigrain Cheerios, Frosted Mini Wheat
					Choice of Fruit
13	14	15	16	17	Seasonal fresh fruits,
WG Glazed Donut Sticks	WG Breakfast Pizza	Mini WG Maple Pancakes	WG French Toast Sticks Turkey Bacon w/ Syrup	WG Apple Strudel	canned fruit in water, 100% fruit juice Choice of Milk
Assorted WG Cereals with WG Graham Crackers	Assorted WG Cereals with WG Graham Crackers	Assorted WG Cereals with WG Graham Crackers	Assorted WG Cereals with WG Graham Crackers	Assorted WG Cereals with WG Graham Crackers	1% white, fat-free white, and chocolate
20	21	22	23	24	
Enjoy Your Day	WG French Toast Sticks Turkey Bacon w/ Syrup	WG Bagel with Cream Cheese	WG Breakfast Pizza	WG Mini Cinnamon Rolls	
	Assorted WG Cereals with WG Graham Crackers	Assorted WG Cereals with WG Graham Crackers	Assorted WG Cereals with WG Graham Crackers	Assorted WG Cereals with WG Graham Crackers	
27	ZÁ	29	30	31	(SF) Sugar Free
WG Glazed Donut Sticks	WG Breakfast Pizza	Mini WG Maple Pancakes	WG French Toast Sticks Turkey Bacon w/ Syrup	WG Apple Strudel	(WG) Whole Grain (V) Vegetarian These items do not contain meat, poultry, or seafood, but may contain dairy and/or egg
Assorted WG Cereals with WG Graham Crackers	Assorted WG Cereals with WG Graham Crackers	Assorted WG Cereals with WG Graham Crackers	Assorted WG Cereals with WG Graham Crackers	Assorted WG Cereals with WG Graham Crackers	(VG) Vegan These items do not contain any animal products
Your Team Kathy O'Connor, Food Service Director 856-767-5757 ext. 218 ma1501@metzcorp.com			In accordance with federal civi Department of Agriculture(USI policies,this institution is prohi the basis of race,color,national identity and sexual orientation retaliation for prior civil rights	DA) civil rights regulations and ibited from discriminating on l origin, sex(including gender ı),disability,age,or reprisal or	NUTRI-SERVE FOOD MANAGEMENT, INC. 10 M/9/2

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ARCHWAY PROGRAMS

UPPER Lunch Menu

January 2025

Monday	Tuesday	Wednesday	Thursday	Friday	Offered Daily	
					What is a Meal?	
		1	2	3	Students must choose at least 3 of the 5 components available for the	
		HAPPY	Beef Cheesesteak on a WG Roll	WG Cheese Pizza	school lunch price. - Choice of Whole Grain - Choice of Protein - Choice of Vegetable - Choice of Fruit	
		NEW YEAR!!	WG Chicken Pattie on a WG Kaiser	WG Chicken Nuggets		
			FEATURED VEGGIES Roasted Chickpeas	FEATURED VEGGIES Side Caesar Salad	- Choice of Milk A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable lunch.	
6	7	8	9	10	Choice of Vegetable	
	WG Popcorn Chicken		-		Hot vegetable, leafy salad,	
Meatball Parmesan on a WG Kaiser	w/ WG Pretzel Rods	Hot Ham & Cheese WG Pretzel Roll	WG Corn Dog	WG Cheese Pizza	composed bean salad, seasonal fresh vegetables	
Cheeseburger on a WG Roll	WG French Toast w/ Turkey Sausage	WG Chicken Pattie on a WG Kaiser	WG Mozzarella Sticks	WG Pizza Crunchers	Choice of Fruit	
FEATURED VEGGIES Carrots	FEATURED VEGGIES Corn	FEATURED VEGGIES Sweet Potato Fries Cucumber Slices	FEATURED VEGGIES Green Beans	FEATURED VEGGIES Baked Beans	Seasonal fresh fruits, canned fruit in 100% fruit juice, 100% fruit juice	
					Choice of Milk	
13	14	15	76	17	1% white, fat-free white, and chocolate	
WG Chicken Nuggets with WG Pretzel Stick	Cheeseburger on a WG	Chicken Parmesan on a WG Roll	WG Chicken Tenders w/ WG Goldfish	WG Cheese Pizza	Chocolate	
Cheeseburger on a WG Roll	WG Pizza Crunchers	Cheeseburger on a WG Rolll	Cheeseburger on a WG Roll	Mini Maple WG Pancakes w/ Turkey Sausage	Daily Alternates C- Cereal Meal	
FEATURED VEGGIES Spinach	FEATURED VEGGIES Beans Cucumber Slices	FEATURED VEGGIES Steamed Carrots Celery Sticks	FEATURED VEGGIES Smiley Fries Carrot Sticks	FEATURED VEGGIES Cauliflower	D- WG Uncrustable Meal	
ZÓ	21	22	23	24		
Enjoy Your Day!	WG Popcorn Chicken w/ WG Pretzel Rods	Hot Ham & Cheese WG Pretzel Roll	Chicken Cheesesteak on a WG Roll	WG Cheese Pizza		
	Dutch Waffles w/ Turkey Sausage	Chicken Pattie on a WG Kaiser	WG Chicken Nuggets	WG Pizza Crunchers		
	FEATURED VEGGIES Corn	FEATURED VEGGIES Sweet Potato Fries	FEATURED VEGGIES Green Beans	FEATURED VEGGIES Baked Beans		
27	28	29	30	31		
25	26	Chicken Tenders	Beef Cheesesteak	31	(SF) Sugar Free (WG) Whole Grain	
WG Pasta w/Meatballs	WG Chicken Sandwich	w/Goldfish	on a WG Roll	WG Cheese Pizza	(V) Vegetarian These items do not contain meat,	
WG Chicken Nuggets	WG Pizza Crunchers	Cheeseburger on a WG Roll	WG Chicken Patty on a WG Roll	WG Chicken Nuggets	poultry, or seafood, but may contain dairy and/or egg	
FEATURED VEGGIES Steamed Mixed Veggies Broccoli Bites Garlic Knot	FEATURED VEGGIES Corn Grape Tomatoes	FEATURED VEGGIES Sweet Potato Fries	FEATURED VEGGIES Roasted Chickpeas	FEATURED VEGGIES Side Caesar Salad	(VG) Vegan These items do not contain any animal products	
Your Team						
Kathy O'Connor, For 856-767-5757 ext. 218 ma1501@metzcorp.com			Department of Agriculture(USI policies, this institution is proh the basis of race, color, nationa identity and sexual orientation retaliation for prior civil rights	NUTRI-SERVE		

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