

## FEBRUARY 2025

| MONDAY  | TUESDAY   | WEDNESDAY 1   | THURSDAY  | FRIDAY   |
|---|---|---|---|--|
|   |   |   |   |  |
|   |   |   |   |  |
| MONDAY 3  | TUESDAY 4   | WEDNESDAY 5   | THURSDAY 6  | FRIDAY 7   |
| Fish Sticks   | Nachos Grande   | Hot Turkey & Cheese   | Cheese Burger   |  |
| WG Pretzel  |   | on a WG Pretzel Roll  | on a WG Roll  | Cheese Pizza   |
|   |   |   |   |  |
| MONDAY 10   | TUESDAY 11  | WEDNESDAY 12  | THURSDAY 13   | FRIDAY 14  |
| Popcorn Chicken   | Meatloaf with a   | Chicken Parm  | Chicken Nuggets   | Cheese Pizza   |
| WG Pretzel  | WG Garlic Knot  | WG Kaiser   | WG Roll   | Cheese Pizza   |
| MONDAY 17   | TUESDAY 18  | WEDNESDAY 19  | THURSDAY 20   | FRIDAY 21  |
| Enjoy Your DAY!   | Pasta w/ Meatballs  | Loaded Potato   | BBQ Baked   | Cheese Pizza   |
|   | Garlic Knot   | Wedges  | Chicken   | Oncese Fizza   |
|   |   | Ū   | Onicken   |  |
| MONDAY 24   | TUESDAY 25  | WEDNESDAY 26  | <b>THURSDAY 27</b>  | FRIDAY 28  |
|   |   |   |   |  |
| Pizza Dippers   | Double Dogs   | Beef Quesadilla   | Chicken & Veggie  |  |
| Pizza Dippers   | Double Dogs   | Beef Quesadilla   | Chicken & Veggie<br>Teriyaki  | Cheese Pizza   |
| Pizza Dippers   | Double Dogs   | Beef Quesadilla   |   | Cheese Pizza   |
|   |   | Available Daily   | Teriyaki  | Fruits & Vegetables  |
| Pizza Dippers<br>Fruits & Milk  | Double Dogs   |   |   |  |
| Fruits & Milk Fruit of the Day served   | B/C/D Option<br>B-Chicken Patty Meal  | Available Daily<br>Vegetables<br>Vegetable of the Day served  | Teriyaki  | Fruits & Vegetables With Dip Apples  |
| Fruits & Milk Fruit of the Day served with all meals  | B/C/D Option<br>B-Chicken Patty Meal<br>C- Cereal Meal                                    | Available Daily<br>Vegetables   | Teriyaki  | Fruits & Vegetables<br>With Dip<br>Apples<br>Grapes  |
| Fruits & Milk<br>Fruit of the Day served<br>with all meals<br>Choice of Milk  | B/C/D Option<br>B-Chicken Patty Meal  | Available Daily<br>Vegetables<br>Vegetable of the Day served  | Teriyaki  | Fruits & Vegetables Fruits & Vegetables With Dip Apples Grapes Oranges Celery Sticks                                     |
| Fruits & Milk<br>Fruit of the Day served<br>with all meals  | B/C/D Option<br>B-Chicken Patty Meal<br>C- Cereal Meal<br>D- Uncrustable Meal             | Available Daily<br>Vegetables<br>Vegetable of the Day served  | Teriyaki<br>Teriyaki<br>E- Salad Meal<br>Keek 1<br>Chicken Caesar Salad<br>Week 2<br>Chef Salad<br>Week 3<br>Asian Chicken Salad  | Fruits & Vegetables<br>With Dip<br>Apples<br>Grapes<br>Oranges<br>Celery Sticks<br>Baby Carrots                          |
| Fruits & Milk<br>Fruit of the Day served<br>with all meals<br>Choice of Milk<br>1% white, fat-free white                  | B/C/D Option<br>B-Chicken Patty Meal<br>C- Cereal Meal<br>D- Uncrustable Meal             | Available Daily<br>Vegetables<br>Vegetable of the Day served  | Teriyaki<br>Teriyaki<br>E- Salad Meal<br>Chicken Caesar Salad<br>Week 1<br>Chicken Caesar Salad<br>Week 2<br>Chef Salad<br>Week 3<br>Asian Chicken Salad<br>Week 4  | Fruits & Vegetables Fruits & Vegetables With Dip Apples Grapes Oranges Celery Sticks                                     |
| Fruits & Milk<br>Fruit of the Day served<br>with all meals<br>Choice of Milk<br>1% white, fat-free white                  | B/C/D Option<br>B-Chicken Patty Meal<br>C- Cereal Meal<br>D- Uncrustable Meal<br>P- Puree | Available Daily<br>Vegetables<br>Vegetable of the Day served<br>with all meals  | Teriyaki  | Fruits & Vegetables<br>With Dip<br>Apples<br>Grapes<br>Oranges<br>Celery Sticks<br>Baby Carrots<br>Cucumbers             |
| Fruits & Milk<br>Fruit of the Day served<br>with all meals<br>Choice of Milk<br>1% white, fat-free white<br>and chocolate | B/C/D Option<br>B-Chicken Patty Meal<br>C- Cereal Meal<br>D- Uncrustable Meal<br>P- Puree | Available Daily<br>Vegetables<br>Vegetable of the Day served<br>with all meals<br>CAFÉ CONTACT INFO:<br>rector: Kathy O'Connor arc@nsfn   | Teriyaki<br>Week 1<br>Chicken Caesar Salad<br>Week 2<br>Chef Salad<br>Week 3<br>Asian Chicken Salad<br>Week 4<br>Popcorn Chicken Salad  | Fruits & Vegetables<br>With Dip<br>Apples<br>Grapes<br>Oranges<br>Celery Sticks<br>Baby Carrots<br>Cucumbers<br>Broccoli |
| Fruits & Milk<br>Fruit of the Day served<br>with all meals<br>Choice of Milk<br>1% white, fat-free white<br>and chocolate | B/C/D Option<br>B-Chicken Patty Meal<br>C- Cereal Meal<br>D- Uncrustable Meal<br>P- Puree | Available Daily<br>Vegetables<br>Vegetable of the Day served<br>with all meals  | Teriyaki<br>Teriyaki<br>E- Salad Meal<br>Chicken Caesar Salad<br>Week 1<br>Chicken Caesar Salad<br>Week 2<br>Chef Salad<br>Week 3<br>Asian Chicken Salad<br>Week 4<br>Popcorn Chicken Salad<br>Neem Salad | Fruits & Vegetables<br>With Dip<br>Apples<br>Grapes<br>Oranges<br>Celery Sticks<br>Baby Carrots<br>Cucumbers<br>Broccoli |
| Fruits & Milk<br>Fruit of the Day served<br>with all meals<br>Choice of Milk<br>1% white, fat-free white<br>and chocolate | B/C/D Option<br>B-Chicken Patty Meal<br>C- Cereal Meal<br>D- Uncrustable Meal<br>P- Puree | Available Daily<br>Vegetables<br>Vegetable of the Day served<br>with all meals<br>CAFÉ CONTACT INFO:<br>irector: Kathy O'Connor arc@nsfm<br>griculture (USDA) civil rights regulati | Teriyaki<br>Teriyaki<br>E- Salad Meal<br>Chicken Caesar Salad<br>Week 1<br>Chicken Caesar Salad<br>Week 2<br>Chef Salad<br>Week 3<br>Asian Chicken Salad<br>Week 4<br>Popcorn Chicken Salad<br>Neem Salad | Fruits & Vegetables<br>With Dip<br>Apples<br>Grapes<br>Oranges<br>Celery Sticks<br>Baby Carrots<br>Cucumbers<br>Broccoli |

## **ARCHWAY PROGRAMS**

Lower Breakfast Menu

## FEBRUARY 2025

| -   |  |  |   |   |   |
|---|--|--|---|---|---|
| MONDAY  | TUESDAY  | WEDNESDAY                                      | THURSDAY  | FRIDAY  | Offered Daily   |
|   | -  |  | -   |   | What is a Meal?   |
|   |  |  |   |   | Students must choose at least 3 of the 4 components available for the school breakfast price.   |
| Assorted WG Cereals<br>with WG Graham Crackers  | Assorted WG Cereals<br>with WG Graham Crackers             | Assorted WG Cereals with WG Graham Crackers    | Assorted WG Cereals<br>with WG Graham Crackers  | Assorted WG Cereals<br>with WG Graham Crackers  | - Choice of Whole Grain<br>- Choice of Protein<br>- Choice of Fruit<br>- Choice of Milk   |
| MONDAY 3  | <b>TUESDAY 4</b>   | WEDNESDAY 5                                    | THURSDAY 6  | FRIDAY 7  | A minimum ½ cup serving of fruit or vegetable must accompany a  |
| Mini WG Maple Pancakes  | WG Breakfast Pizza   | Egg, Sausage & Cheese<br>WG Maple Flatbread    | WG French Toast Sticks<br>With SF Syrup<br>W/ Turkey Bacon  | WG Cream O Wheat  | reimbursable breakfast.<br>Whole Grain Cereals<br>Rice Crunch, Kixx, Cheerios, Rice Chex,   |
| Assorted WG Cereals with WG Graham Crackers   | Assorted WG Cereals with WG Graham Crackers                | Assorted WG Cereals with WG Graham Crackers    | Assorted WG Cereals with WG Graham Crackers   | Assorted WG Cereals with WG Graham Crackers   | Multigrain Cheerios, Frosted Mini<br>Wheat  |
|   |  |  | -   | -   | Choice of Fruit   |
| MONDAY 10   | <b>TUESDAY 11</b>  | WEDNESDAY 12                                   | THURSDAY 13   | FRIDAY 14   | Seasonal fresh fruits, canned fruit in 100% Fruit Juice,  |
| WG Bagels<br>w/ Cream Cheese  | Egg, Sausage & Cheese<br>WG Maple Flatbread                | Cereal Day                                     | WG French Toast Sticks<br>With SF Syrup<br>W/ Turkey Bacon  | WG Muffin/Pastry  | 100% fruit juice<br>Choice of Milk  |
| Assorted WG Cereals   | Assorted WG Cereals  | Assorted WG Cereals                            | Assorted WG Cereals   | Assorted WG Cereals   | 1% white, fat-free white, and   |
|   | with WG Graham Crackers                                    |  |   |   | chocolate   |
| MONDAY 17   | TUESDAY 18   | WEDNESDAY 19                                   | THURSDAY 20   | FRIDAY 21   |   |
| Enjoy Your Day!   | WG French Toast Sticks<br>With SF Syrup<br>W/ Turkey Bacon | Egg, Sausage & Cheese<br>WG Maple Flatbread    | WG Waffle   | WG Oatmeal  |   |
| Assorted WG Cereals with WG Graham Crackers   | Assorted WG Cereals<br>with WG Graham Crackers             | Assorted WG Cereals with WG Graham Crackers    | Assorted WG Cereals<br>with WG Graham Crackers  | Assorted WG Cereals with WG Graham Crackers   |   |
| MONDAY 24   | <b>TUESDAY 25</b>  | WEDNESDAY 26                                   | THURSDAY 27   | FRIDAY 28   | (SF) Sugar Free   |
| WG Muffins/ Pastry  | Egg, Sausage & Cheese<br>WG Maple Flatbread                | Cheese Omelet<br>w/Turkey Bacon                | WG French Toast Sticks<br>With Syrup  | WG Bagels<br>w/ Cream Cheese  | (WG) Whole Grain<br>(V) Vegetarian<br>These items do not contain meat,<br>poultry, or seafood, but may contain<br>dairy and/or egg  |
| Assorted WG Cereals<br>with WG Graham Crackers  | Assorted WG Cereals<br>with WG Graham Crackers             | Assorted WG Cereals<br>with WG Graham Crackers | Assorted WG Cereals<br>with WG Graham Crackers  | Assorted WG Cereals<br>with WG Graham Crackers  | (VG) Vegan<br>These items do not contain any<br>animal products   |
| Your NutriServe<br>Kathy O'Connor, Fo<br>856-767-5757 ext. 218<br>ma1501@metzcorp.cor | ood Service Director                                       |  | policies, this institution is pro-<br>the basis of race, color, national<br>identity and sexual orientation<br>retaliation for prior civil rights | DA) civil rights regulations and<br>nibited from discriminating on<br>al origin, sex(including gender<br>n),disability,age,or reprisal or<br>a activity | NUTRI-SERVE<br>FOOD MANAGEMENT, DIC. MANAGE |