ARCHWAY PROGRAMS

UPPER Lunch Menu

FEBRUARY 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Offered Daily
		-	-		What is a Meal?
					Students must choose at least 3 c the 5 components available for th school lunch price.
					- Choice of Whole Grain - Choice of Protein - Choice of Vegetable - Choice of Fruit
			FEATURED VEGGIES Roasted Chickpeas	FEATURED VEGGIES Side Caesar Salad	- Choice of Milk A minimum ½ cup serving of fruit
MONDAY 3	TUESDAY 4	WEDNESDAY 5	THURSDAY 6	FRIDAY 7	vegetable must accompany a reimbursable lunch.
	- WG Double Dogs	-	-	-	Choice of Vegetable
Meatball Parmesan on a WG Roll	w/ WG Rolls WG French Toast	Hot Ham & Cheese WG Pretzel Roll	Loaded Wedges	WG Cheese Pizza	Hot vegetable, leafy salad, composed bean salad, seasonal fresh vegetables
Cheeseburger on a WG Roll	w/ Turkey Sausage	WG Pizza Crunchers	WG Mozzarella Sticks	WG Fish Sticks	Choice of Fruit
EATURED VEGGIES Carrots	FEATURED VEGGIES Corn	FEATURED VEGGIES Sweet Potato Fries Cucumber Slices	FEATURED VEGGIES Green Beans	FEATURED VEGGIES Baked Beans	Seasonal fresh fruits, canned fruit in 100% fruit juice, 100% fruit juice
MONDAY 10	TUESDAY 11	WEDNESDAY 12	THURSDAY 13	FRIDAY 14	Choice of Milk 1% white, fat-free white, and
VG Chicken Nuggets vith WG Pretzel Stick	- BBQ Baked Chicken	Chicken Parmesan on a WG Roll	WG Chicken Tenders	WG Cheese Pizza	chocolate
heeseburger on a WG Roll	WG Pizza Crunchers	WG Chicken Pattie on a WG Kaiser	w/ WG Goldfish WG Fish Sticks	Mini Maple WG Pancakes w/ Turkey Sausage	Daily Alternates
EATURED VEGGIES Spinach	FEATURED VEGGIES Beans Cucumber Slices	FEATURED VEGGIES Steamed Carrots Celery Sticks	FEATURED VEGGIES Smiley Fries Carrot Sticks	FEATURED VEGGIES Tater Tots	D- WG Uncrustable Meal E- Salad of the Week
MONDAY 17	TUESDAY 18	WEDNESDAY 19	THURSDAY 20	FRIDAY 21	
			r	1	
Enjoy Your Day!	WG Popcorn Chicken w/ WG Pretzel Rods	Hot Ham & Cheese WG Pretzel Roll	Fish Sticks with WG Goldfish	WG Cheese Pizza	
	Dutch Waffles w/ Turkey Sausage	Cheeseburger on a WG Roll	WG Chicken Nuggets	WG Fish Sticks	
EATURED VEGGIES Roasted Chickpeas	FEATURED VEGGIES Corn	FEATURED VEGGIES Sweet Potato Fries	FEATURED VEGGIES Green Beans	FEATURED VEGGIES Baked Beans	
MONDAY 24	TUESDAY 25	WEDNESDAY 26	THURSDAY 27	FRIDAY 28	
/G Pasta w/Meatballs	WG Chicken Sandwich	Chicken Tenders w/Goldfish	- Beef Cheesesteak on a WG Roll	WG Cheese Pizza	(SF) Sugar Free (WG) Whole Grain (V) Vegetarian
VG Chicken Nuggets	WG Pizza Crunchers	Cheeseburger on a WG Roll	WG Chicken Patty on a WG Roll	WG Chicken Nuggets	These items do not contain meat, poultry, or seafood, but may conta dairy and/or egg
EATURED VEGGIES eamed Mixed Veggies Broccoli Bites Garlic Knot	FEATURED VEGGIES Corn Grape Tomatoes	FEATURED VEGGIES Sweet Potato Fries	FEATURED VEGGIES Roasted Chickpeas	FEATURED VEGGIES Side Caesar Salad	(VG) Vegan These items do not contain any animal products
Your NutriServe	Team		Department of Agriculture(US	DA) civil rights regulations and	
Kathy O'Connor, Food Service Director 856-767-5757 ext. 218 ma1501@metzcorp.com			policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex(including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity		NUTRI-SERV

ARCHWAY PROGRAMS

Upper Breakfast Menu

FEBRUARY 2025

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Offered Daily
	-		-		What is a Meal?
					Students must choose at least 3 of the 4 components available for the school breakfast price.
Assorted WG Cereals with WG Graham Crackers	Assorted WG Cereals with WG Graham Crackers	Assorted WG Cereals with WG Graham Crackers	Assorted WG Cereals with WG Graham Crackers	Assorted WG Cereals with WG Graham Crackers	- Choice of Whole Grain - Choice of Protein - Choice of Fruit - Choice of Milk
MONDAY 3	TUESDAY 4	WEDNESDAY 5	THURSDAY 6	FRIDAY 7	A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable breakfast. Whole Grain Cereals Rice Crunch, Kixx, Cheerios, Rice Chex, Multigrain Cheerios, Frosted Mini Wheat
Mini WG Pancakes	WG Breakfast Pizza	Egg, Sausage & Cheese WG Maple Flatbread	WG French Toast Sticks With SF Syrup W/ Turkey Bacon	WG Muffin/ Pastry	
Assorted WG Cereals with WG Graham Crackers	Assorted WG Cereals with WG Graham Crackers	Assorted WG Cereals with WG Graham Crackers	Assorted WG Cereals with WG Graham Crackers	Assorted WG Cereals with WG Graham Crackers	
			-	-	Choice of Fruit
MONDAY 10	TUESDAY 11	WEDNESDAY 12	THURSDAY 13	FRIDAY 14	Seasonal fresh fruits, canned fruit in 100% Fruit Juice, 100% fruit juice
WG Bagels w/ Cream Cheese	Egg, Sausage & Cheese WG Maple Flatbread	Cereal Day	WG French Toast Sticks With SF Syrup	WG Oatmeal	
	·		W/ Turkey Bacon		Choice of Milk
Assorted WG Cereals with WG Graham Crackers	Assorted WG Cereals with WG Graham Crackers	Assorted WG Cereals with WG Graham Crackers	Assorted WG Cereals with WG Graham Crackers	Assorted WG Cereals with WG Graham Crackers	1% white, fat-free white, and chocolate
MONDAY 17	TUESDAY 18	WEDNESDAY 19	THURSDAY 20	FRIDAY 21	
Enjoy Your Day!	WG French Toast Sticks With SF Syrup W/ Turkey Bacon	Egg, Sausage & Cheese WG Maple Flatbread	WG Waffle	WG Muffin/ Pastry	
Assorted WG Cereals with WG Graham Crackers	Assorted WG Cereals with WG Graham Crackers	Assorted WG Cereals with WG Graham Crackers	Assorted WG Cereals with WG Graham Crackers	Assorted WG Cereals with WG Graham Crackers	
MONDAY 24	TUESDAY 25	WEDNESDAY 26	THURSDAY 27	FRIDAY 28	(SF) Sugar Free
WG Cinn/ Apple Strudel	Egg, Sausage & Cheese WG Maple Flatbread	Cheese Omelet w/Turkey Bacon	WG Dunkin Sticks	WG Bagels w/ Cream Cheese	(WG) Whole Grain (V) Vegetarian These items do not contain meat, poultry, or seafood, but may contain dairy and/or egg (VG) Vegan These items do not contain any animal products
	Assorted WG Cereals with WG Graham Crackers	Assorted WG Cereals with WG Graham Crackers		Assorted WG Cereals with WG Graham Crackers	
Your NutriServe Team Kathy O'Connor, Food Service Director 856-767-5757 ext. 218 ma1501@metzcorp.com			In accordance with federal civil rights law and U.S. Department of Agriculture(USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex(including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity		NUTRI-SERVE FOOD MANAGEMENT, INC.+Merz

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